

**#Youth
VIP**

Power of Youth Day

case studies from the YouthVIP Panel

**written by SS
panel member since 2023**

Can you tell me a bit about your progression through your own volunteering roles and what this progression has meant to you?

I started volunteering with a guide unit in October 2020. I continued volunteering with that group until summer of 2023, when I moved out of my parents' and started university. After moving to university, I started volunteering with another guide unit and have continued to volunteer with them for the last 3 years. Over these 3 years, I have completed my Leadership qualification with Girlguiding, and I have almost finished my Queen's Guide Award and Gold Duke of Edinburgh Award.

I started volunteering on the YouthVIP Panel in September 2023. As part of the panel, I helped develop and deliver the YouthVIP Summit at The Gathering in 2023, the YouthVIP Discussion Day last year, and the Volunteer Scotland Roundtable earlier this year.

Helping to refresh an earlier survey created which looked at youth volunteering in Scotland, adding new questions, allowing us to better understand how volunteering in Scotland has changed over 6 years. I was then able to present the new survey results at a conference with another YouthVIP volunteer.

I have also had the opportunity to YouthVIP by attend the SCVO and Volunteer Scotland parliamentary reception earlier this year, this celebrated the fantastic work of Scotland's voluntary sector.

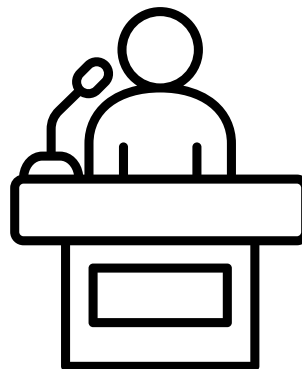
In September 2025, I became the wellbeing officer at my university's karate club. I'm the main point of contact in the club for any concerns, promote safeguarding and inclusivity, and signpost anything linked to behaviour and wellbeing. I am also responsible for reporting any concerns or incidents with the Sports Union in an efficient manner.

This progression has given me the opportunity to develop my confidence, meet new people, develop my skills, and the opportunity to complete awards.

What has been your biggest volunteering achievement so far and why?

My biggest volunteering achievement has been presenting the survey results at the Perspectives on Scotland's Third Sector Impact Research Conference.

It was out of my comfort zone but improved my confidence and public speaking skills.



What role does YouthVIP provide to young people in Scotland?

YouthVIP provides young people the opportunity to voice their views on the barriers to volunteering and shape solutions that improve accessibility of opportunities. This helps make organisations aware of the barriers that people face getting into volunteering and influence how these organisations engage with young volunteers, making roles more inclusive.

YouthVIP panel members have the opportunity to meet MSPs and other influential stakeholders, allowing them to hear directly from young people.